

Guiding Principles of Resident Engagement for Momentum Teams

*Approved by the Building Healthy Communities Subcommittee of the
Mid-City CAN Coordinating Council on 8/24/09*

Location

Momentum teams can meet anywhere in City Heights that is *universally accessible*. Universal accessibility is a general term used to describe the degree to which something (e.g. service, environment) is accessible by as many people as possible. It is often used to focus on people with disabilities but is also applicable to language and other possible barriers. Momentum teams must consider this when choosing their locations. Momentum teams should also consider safety and security of minors and the time of day.

Time

Momentum teams should be flexible with their scheduling of time and consider who their participants are. Some simple guidelines include: adult residents can meet between 4pm and 10pm, youth cannot meet during school hours and must finish with enough time to respect curfew, and seniors/elders may prefer to meet in the early morning between 8 am and 12 pm. There will be no meetings during holidays or days of worship for all cultures. Momentum teams may choose to have a rotating schedule to maximize participation.

Child Care

Momentum teams must arrange child care in an appropriate and fun environment with locally-recommended and well-trusted child care providers. Providers must be licensed when feasible and provide references to the momentum team. They must be multi-lingual and multicultural and have the ability to provide age-appropriate and culturally-appropriate activities (including physical activity and/or health-related education). Providers must respect various religious practices and dietary requirements.

Momentum teams are responsible for independently coordinating childcare providers and sites for their teams. Providers will then directly invoice Mid City CAN for services rendered at the rate of no more than \$15 per hour. Momentum teams must have at least one childcare provider on duty per every five children with a minimum of two childcare providers per session. Momentum teams must take into consideration children's ages and if there are special needs. These resources are very limited and momentum teams must identify their childcare assets and leverage resources in order to successfully comply with this guideline. Momentum teams should notify Mid City CAN at least one week in advance of date childcare is to be provided.

Interpretation

Interpretation and translation should be provided in all the *major* languages. Momentum teams are responsible for identifying languages for their team. Momentum teams should contact Esperanza Baza at Mid City CAN (ebaza@midcitycan.org) to request language services. Services will be arranged directly between Mid City CAN and interpreters or translators on behalf of momentum teams. Requests must include time, date, location, length of time, and purpose related BHC. Individuals interested in working as interpreters or translators must apply directly to Mid City CAN. These resources are very limited and momentum teams must identify their language assets and leverage resources in order to successfully comply with this guideline. Momentum teams should notify Mid City CAN at least one week in advance of date languages services are needed.

Transportation

Momentum teams should consider walkability and the accessibility of reliable transportation when choosing meeting locations. Organizations are encouraged to leverage resources in order to provide vanpools and bus passes for resident participants who do not have reliable transportation. Momentum team members are also encouraged to coordinate carpools, bike rides and walking groups. Momentum teams may solicit free transportation services from MTS (local providers) and solicit for simple-to-understand maps and schedules in various languages. Carpool, vanpool, walking, and public routes should have various pickup points located on major routes that are accessible to everyone.

Leadership Roles

Momentum team leadership should be composed of co-chairs: one resident and one organizational representative. Momentum teams should strive to reflect the diversity of City Heights in their leaders. Leaders must have the ability to commit at least five hours per week to coordinating and facilitating momentum teams. Leaders must also be available to participate in Mid City CAN and The California Endowment trainings as needed. Leaders should routinely self-evaluate and solicit feedback from their teams.

Resources

Some resources are available through Mid City CAN. Mid City CAN will provide approximately \$166/month per momentum team towards interpretation and approximately \$100/month per momentum team towards childcare. All monetary transactions will be coordinated directly between Mid City CAN and the respective provider. Mid City CAN is also able to provide some supplies such as easel pads and markers for facilitation. These resources are limited and momentum teams must identify their assets and leverage resources in order to successfully comply with these guidelines. All resources provided by Mid City CAN are pending continued availability of funding and cover a period of six months.