

Built Environment Momentum team Meeting July 23, 2009

Participants? (Ellee, can you add these?)

Building Healthy Communities Initiative Values:

1. Be inclusive
2. Be flexible and collaborative
3. Learning
4. Be resident driven
5. Evidence based
6. Sustainable healthy community
7. Creative risk takers in approach to social change

Process guidelines:

- Consensus
- Mutual respect
- Personal and professional accountability
- Understanding that we will be up against structural inequalities and not be afraid to confront “isms” in ourselves and each other
- Credibility
- Critical thinking and challenging assumptions
- Listen to what people are trying to convey even if you don’t agree with them. “I may not agree with what you are saying, but I will fight to the death for your right to say it” “find your own truth at the core of what the other person is saying”
- Positively focus on what connects us and the larger purpose as to why we are at the table together

Steve from the California Endowment described the planning process, what the California Endowment is, their history, the 15 communities they picked. You can find this in detail at calendow.org

Diana described the 9 month process and where we are as of right now:

Three things are happening simultaneously:

Resident outreach:

Resident outreach began last week where Mid City CAN trained 27 people from six different language groups who will be hosting 4 house meetings each. Each house meeting should have at least 10 people in it. Each of these ten people in the house meeting should outreach to three more people. This will end up reaching at least 3240 people. The house meetings should be done by August 5th.

Momentum Teams:

There are several already in existence momentum teams that were started from a community scan at the Mid City CAN meetings. From a need in the community springs momentum teams which exist when there is a need to be worked on. They disappear and appear and are fluid. There are new momentum teams that have sprung up out of the Building Healthy Communities process, and all of them should have met by August 10th.

Resource Teams:

These are people who work for several institutions, several of which work at Springfield College, who are our “professional helpers.” They are meeting individually, and are also helping the residents and the momentum teams.

September 12th will be an open house with everyone who has been involved in this process up to this point. Location TBA

Process guidelines:

Anything involved with Mid City CAN runs by consensus, and is also self organizing.

We also are self informing. As we work together, we learn more, and help ourselves more.

Tasks from Mid City CAN:

1. Self organize: We decide on a name, our temporary chair and temporary notetaker. We decide who will report back to Diana Ross and Ellee Igoe
2. Need a two page resident engagement plan by August 10th and we need to make a plan for September 12th.
3. We need to organize our formal data
4. Do our logic model. (this logic model can be translated into multiple languages. If we need it translated into a different language, we will contact Nohelia Patel who is coordinating the resident process)
5. Mid City CAN can help with some money for food, meeting spaces, etc. for the meetings, but the organizations need to bring their resources and expertise to the table as well. Mid City CAN has limited resources.

Obligations:

1. Someone from the group needs to come to the Mid City CAN networking council meeting the second Tuesday of the month at 8:00 AM and do a 5 minute report back from what we accomplished in our momentum team
2. Keep contact with Ellee Igoe, who is our Mid City CAN representative
3. Report at the Community Congress in November and February
4. Visit midcitycan.org and californiaendowment.org
5. Go over the logic model tutorial in the Mid City CAN website

6. Keep sign in sheets at every meeting
7. Save the sheets for Mid City CAN

Diana and Steve left, and now we started our meeting:

Estela De Los Rios was chosen as our temporary chair of the group. Michelle Luellen said she'd take notes.

We discussed names of the group. Tina from County Health Department discussed that many members of the group are a part of an initiative called Health Equity by Design.

Name: **Built Environment for Healthy and Sustainable Communities**

Next meeting:

1. We will "do homework" on
 - a. ideas for resident engagement
 - b. how we as a group will function
 - c. what we will do on September 12th
2. We will bring our resources to the table. CHCDC will bring data, Sheila will bring data, ellee will bring data
3. The meeting will be two hours long and broken into two:
 - a. Where we're coming from, what we can bring to the table
 - b. Community Engagement Plan

Next meetings:

August 3rd 1:00-3:00pm

August 17th 1:00-3:00pm

Ellee will see if the meeting room at the Police Storefront is available. She will let us know.