

Food Justice Momentum Team

Notes from 1/27/10

New Co-Chairs: Ayan Mohamed & Jen Chandler

Why “Food Justice” not “Obesity”?

... Understanding the effects of an unjust food system on our health, including obesity.

-Why Place Matters (see attached summary, or visit <http://www.unnaturalcauses.org/> for more info)

This is really cool, too- http://www.unnaturalcauses.org/interactivities_03.php

Planning Process Info- Bill

See attached ppt for house meeting & survey data *summary*

See attached PDF- BHC Preliminary Finding for *full report*

Brainstorming process-

We were put in groups to answer the question: *What would City Heights be like if all residents had full access to healthy, culturally appropriate foods?*

Answers?... Work-in-progress, but included the following sample:

-Nutrition & Food Justice *Education*

-in schools

-for gen. public

-for consumers, vendors, etc.

-Neighborhood *Food System / enterprise*

-transportation for food supply/ distribution

-jobs

-stores/ markets

-gardens, etc.

-Resident *Access*

-food money/ improved resources (eg. food stamp system)

-transportation- transit, walkability, etc.

-incentives for healthy options (eg. tax incentive for vendors)

-language access

-emergency food with dignity

-Personal use food production

-gardens

-live animal

-System support

-food justice as priority

-affordable permit process

-urban planning to support food & environmental health

** These notes are a snap-shot of a much bigger discussion. A discussion to be continued at our next meeting: Wed. 2/10/10 12-2 @ the Wellness Center... Please Join Us!!