

Residential Momentum Team

Tuesday January 26, 2010

Call to Order: 5:31 p.m.

Welcome and introductions:

Bill Oswald, Kate, Michael Sprague, Guy Mock, Hermelinda Figueroa, Abigail Figueroa, Benjamin Aguilar, Ronnie Morales, Elizabeth Lou, Norelia, Esperanza, Patrick, Sheila, Virginia Angeles, Anastasia Brewster, Armando Catano, John Makuach, Judith Ruvalcaba, Magda Colorado, Rosa Gutierrez, Valentina Hernandez, Yolanda Rodriguez, Wai Wai, Shukri Adam, Eeve Kosower, Awichu Akwanya, Frank Vuong, Rosa Rangel, Linda Williams, Tanya Magana, Patricia Leon, Jacobo Cadenas, Leslie Cadenas, Yolanda Rodriguez, Lynne Graham, Mohamud Mastayn, and Ricardo Catano.

Which will be the best way for our voices to be heard?

Respect for our time and space.

Next meeting we will be able to have it more visually.

Rules:

Volunteer for a time keeper-no more than 2 minute to speak (hour glass timer).

There are many important issues to discuss. You can come up and write it or write it on the sticky to put on a chart. Those would be future topics. We have an excellent secretary who is Valentina. We have provided you with the minutes of the last minutes. Minutes will be posted. Valentina gave a brief summary of the minutes. If you did not receive the minutes electronically, you can email Valentina at Valentinahz@yahoo.com and she will send them to you.

Resident Driven (will wait until people who are working arrive).

Results of Resident Surveys 15-1-3 vote to continue begin speaking about surveys.

Sheila Mitra-Sarkar, Ph.D.

Needs Assessment-what residents wanted. This will be translated into Spanish.

The House Meeting Leaders collected resident data. It was all resident driven. Thanked the residents for answering the surveys. Open House Graduation for Resident House Leaders on September 26, 2009. (Bill Oswald, Jesse Mills, Diana Ross, Nohelia Patel, Esperanza Baza, Ashlei Lien, Valentina Hernandez, Virginia Angeles, ... Helped out with reviewing data. 1550 residents were reached who live in City Heights. These people are usually underserved and unheard. Burmese, Somali, Arabic, Vietnamese, and Spanish speakers were reached. 32% of the survey respondents were from City Height Youth.

How healthy do you think your community is? 45% of the surveys found that the community is unhealthy to moderately unhealthy. Something is going on that residents are not very happy with.

Do you have certain health conditions? 13% reported that they or a family member had asthma or diabetes. 70% of those were not receiving treatment for asthma or diabetes. The asthma rate is 280/100,000 highest asthma hospitalization (3 times higher than the average). 70% were afraid of gangs or drugs in their neighborhoods. This needs to be explored.

ARJIS Data-location, street, assault rate for that area.

Valentina also mentioned that you can request that crime rates with in a mile radius from your home be emailed to you. That is very helpful information.

Sheila mentioned that we need to request that similar data be provided from similar neighborhoods. Guy Mock-mentioned that the data is based on crime that is reported to police, not the ones that are not reported. He also mentioned that we have known for years that City Heights has a high Asthma rate.

Kate asked how we can share information between momentum teams so that we don't duplicate efforts. Shukre also mentioned that they need more residents in their Momentum Team.

A 66 page report on some of the data is posted on the Mid-City Website. The problem of safety has been around for a long time also.

Jeannette-There is a perception of fear because streets are very dark. Areas need to be identified names and addresses where we need more lights. We need to solve our own problems with a little help. You bring the solutions.

City Heights two major concerns-school safety and prostitution. 54 new motorcycle police were promised several years ago. This information was found on the Internet.

Access and quality for health care was below average. 49.2% were unhappy with current medical services. 51.2% had no health insurance. Many resident homeowners had no health insurance.

Resident's want:

- **Better service in the clinics with courteous doctors and nurses.**
- **Immediate access to health care for their children**
- **More health screenings**
- **Culturally sensitive sex education and domestic violence counseling**
- **They want workshops on what Health Home is.**

**On average residents eat at fast food restaurants 4 times a month.
Residents eat less fruits and vegetables toward the end of the month.
30% get fruits and vegetables from a community garden.
Affordable housing and quality of housing scored below average.**

**The mean income of the surveyed respondents was \$25,000.
They want a Renters Council so it can assist them with rent control and housing code enforcement.**

**58.4% of residents rely on cars to travel when the national average is 82.4%.
13.2% bus transit users.**

**Walking is important. 10.9% only get around by walking.
On average the surveyed residents walk 4 days a week. Women feel unsafe more in the night (56.6%) compared to men (48.4%). Men feel more unsafe in the daytime than women (16.3%). This is very rare finding that men feel more unsafe. 75% are afraid of gangs in the neighborhood.**

**Residents want to improve safety in the community.
Crime prevention through environmental design (CPTED)
Lighting, surveillance/monitoring alleys, neighborhood watch, police patrols, community block parties, and the removal of vacant property.**

**Residents want more police patrols, more gang prevention programs, less racial profiling, effective law enforcement, prompt response to 911 calls, more culturally sensitive policing and a safe place for the undocumented person to report crime.
Valentina added that it is important to note that crime can be reported anonymously.**

**The recreational and enrichment opportunities are very poor.
There are not enough parks, safe streets, and after school/summer programs.
40.9% reported low quality of education.
Respondents wanted to keep youth engaged and out of trouble.
More programs which focus on reducing delinquency and which have assistance from youths are needed.
Interventions must be before and after school.
At-RISK YOUTH need programs with stronger support.**

**Schools need more diverse and better trained teachers.
Reduce "brain drain" of sending good students to other neighborhoods.**

**Job training and employment cannot be ignored.
20.5% were unemployed.
They need more training to secure jobs.
Language and cultural barriers were keeping them from participating in the job market.**

They identified the need for a COMMUNITY CENTER that serves all of the community to give them skills.

30% of residents do not have access to the internet.

They want more transparency and tangible results.
Keep money here in the community and not have it taken away by agencies.
Many residents offered to help.

Sheila shared a letter from Caliz Vu-Bui who was very impressed with all the hard work that was done by City Heights residents who made this report possible.

Monday February 8 Access to Health Care Momentum Team-invited residents to attend from 4-6. They have Somali translation and child care.

Peace Promotion 1/3 Wednesday 5-7 p.m. Price Building

Built Environment-the use of land Wed 12:00 tomorrow ???

School Attendance Wed 2/4th Price Building 4-6 p.m.—Vision-Tomorrow

Built Environment-Proposal and what is next. Please review. 1/3 Wed. 5:30-7:30 p.m. at Springfield College by 54th Street and University.

California Endowment was very impressed with our work here in City Heights.
Norelia announced a second phase of \$\$ funding for more Housing Leader meetings.
Logic model based on community organizing

Resident Driven will take longer so we will cover it next time.

Outcome #10 Healthy Community-educated, organized and mobilized community.

Focus on 3-5 Outcomes for the California Endowment.

All-Teams meeting were all momentum teams meet.

In May 1 there will be a Congress.

Janette-What should we bring to the table in 2 weeks?

A *resident driven* process must

How can it be measured?

It needs to be defined because it might not mean the same thing for everyone.

Announcements:

Mobilize 10,000 people to fight for education. May 8th from Balboa Park to City Council.

Health Care Momentum Team

Feb. 13 Empower Youth here in City Heights for young girls. East African Community Center 4061 Fairmount Avenue.

Proyecto de Casas Saludables Leadership Academy at Herbert Ibarra on Feb. 19, 6-8 p.m. Invited any City Heights residents.

Thursday 4-6 p.m. at the Mid-City CAN office-Youth Kick off planning

U.S.Census 2010—On March 15 surveys will be mailed out to every home. Please make sure that everyone living in your property is counted for the US Census. This will determine how much money goes back to our communities. (It does not matter if a person is legal or illegal in the United States.

For Census Jobs please call (619) 502-7910 or go to www.2010census.gov for more information.

Next RESIDENT MOMENTUM TEAM MEETING Feb. 9, 5-7
Adjourn: 6:55 p.m.

