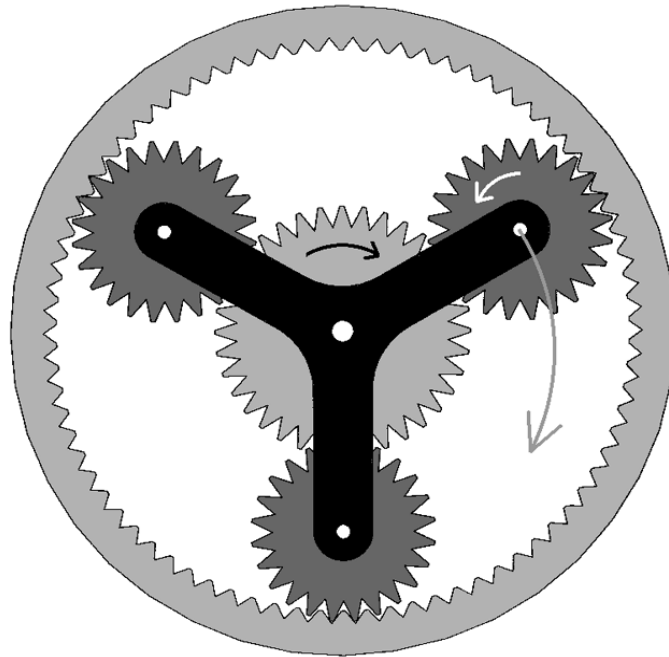


Building A Healthy Community



By Elizabeth Lou, Co Chair,
Resident Momentum Team



Objectives

- Update the community on the BHC progress
- Discuss accomplishments and milestones
- Engage the community in the building process

The Building Process

- TCE Initiative of building healthy communities
- City Heights, one of the target communities
- Selection of the lead agency- Mid-City CAN
- Formation of coordinated Teams:
 - House Meetings
 - Resident Momentum Teams



Purpose of Resident Momentum Team

To create a strong, educated, informed, and united community.





Resident Momentum Team Strategies

- ❑ Organize community residents
- ❑ Educate the residents about BHC
- ❑ Engaging the residents in BHC
- ❑ Develop and implement on-going education/training programs
- ❑ Provide technical assistance and skills to strengthen the residents

Target Changes

An open, democratic, and inclusive community network that brings residents together to discuss matters of common interest or concern



Accomplishments

- ❑ Organized community-wide house meetings
- ❑ Discuss the 10 BHC Goals with residents
- ❑ Collect and document residents inputs/comments
- ❑ Engage the residents in the process of BHC



Outcome 10

- The California Endowment has a shared Vision of Community Health



Let's make a promise
to eat well and
move more. Select to open





Why we want a healthy community?

Virginia Angeles Co Chair of Resident Momentum Team

City Heights has worked at gathering data

Results: health problems, education, housing,
safety, food

Momentum teams created to address the issues.

Resident momentum team created to build capacity
and the space to create how to make the
difference.

We as residents are taking action to make changes.



Changing who makes decisions

- Democratic space to learn together to realize these changes slowly.
- Functional space, work regularly
- We created community connections
- Residents are asking you to take action on the proposals presented in the opening.
- Purpose also is to have expectations that we create a multi-cultural space.
- New space will exist for mutual respect, open for community and resident to take action.



Resident Momentum Team

- ❑ Develop Leadership that represents the diversity of the community.
- ❑ Effectively do outreach, educate & develop to empower City Heights
- ❑ Residents Approve [guided, directed and supervised by City Heights residents]
- ❑ Engage dedicated and committed people in the community



“Resident driven process”

- We are going to make those changes through different mechanisms. First with support and leadership and capacity development for residents
- Second, create resident capacity to carry out the work of the momentum teams. For example: education.
- Residents must organize ourselves through education based on the best ways to create healthy communities.
- As residents we concluded that “just” changes in this community cannot happen without the people who live here.

Resident Momentum Team

Jeanette Neeley Co Chair of Resident Momentum Team



□ Hello everyone,



What does it mean for a process to be resident



driven?



□ We as residents are taking action to make changes





Resident Momentum Team

MISSION

- To be a bridge between the residents and the community at large. Residents will have their own voice to create change through inclusive multi-cultural leadership.



Resident Momentum Team

VISION

In ten years there will be a City Heights Resident Council that is made up of a core resident leaders who, through grassroots and community organization will educate, maintain, and sustain open communication throughout the community to set the policy agenda for City Heights

Discussion Questions

- What would it take to encourage you to participate in a Momentum Team?



? Common Issues ?

? Incentives ?

? Motivation ?

Discussion Questions

- What would prevent you from participating in a Momentum Team?

- Leave us your name and contact information and we will let you know the day, time and place of the next team meeting that you are interested in attending



Thank you

- ❑ Midcity CAN for all of their hard work these past months.
- ❑ Nohelia Lead Organizer, Saima [treats and children] and Esperanza [translators], who were with the teams and the process every week. 😊😊😊
- ❑ Dr Bill Oswold who facilitated with expertise and grace.
- ❑ The California Endowment who encouraged the process and made this possible.