

Appendix J:
Full Logic Model in Original
Momentum Team Note Format

BUILDING HEALTHY COMMUNITIES INITIATIVE – OVERVIEW OF VISION AND PRIORITIES

ALL TEAM

ALL TEAM VISION DETAILS	Building Healthy Communities Initiative All-team Vision Resident driven decision making is important to empowering community voice. Throughout the ten year Building Healthy Communities Initiative, all key systems change and advocacy will be driven by City Heights residents. Universal community pride is created through all community sectors, including businesses, organizations and residents coming together to create a sustainable healthy community. Community pride is instilled in its corporate and community residents through political, economic, and social power. A happier community results from universal community pride that impresses diversity. In achieving a healthy community it is imperative to have quality prevention and accessible, culturally and linguistically responsive health care . In developing a comprehensive health home, honoring diversity, culture, availability and accessibility is vital. A healthy and sustainable infrastructure would create a safe, green, sustainable, healthy and affordable City Heights for all residents. In creating a sustainable system for all, the diversity of the community will work together towards achieving this by including more opportunities for community gardening. A transformed education system will encompass an engaged community with coordinated partnerships in creating a stronger education system. As the cornerstone of our community, our schools will include mentorship, integrated youth leadership and celebrate cultural and language diversity. A culture of community safety will create a thriving, vibrant City Heights. This includes the entire community’s inclusive human rights practices, youth leadership and empowerment, pervasive restorative practices and the creation of multi-cultural community resource centers. Local and affordable quality housing includes promoting long-term sustainable policies to ensure safe and healthy homes within the community. Community residents engaging in local land-use planning opportunities will achieve these policies. A thriving local economy will create sustainable economic and job development in City Heights. A strong, local multi-generational work force results in healthy homes and self-sufficient residents. Favorable resolution of immigration status needs to change current policies to reflect basic human rights. Without human dignity, access to health care, safety, education, job opportunities and security a healthy community cannot exist.							
	Resident Driven Decision Making	Universal Community Pride	Quality Prevention Accessible , Culturally Responsive Health Care	Healthy and Sustainable Infrastructure	Transformed Education	Culture of Community Safety	Locally Affordable Quality Housing	Thriving Local Economy

MOMENTUM TEAMS

MOMENTUM TEAM VISIONS	Access to Health Care	Built Environment	Food Justice	Peace Promotion	Resident	School Attendance
	“The City Heights Community is empowered through education and resources on a path to wellness and a comprehensive health home with accessible services delivered in an environment that reflects the culturally and linguistically diverse needs of the community.”	Vision for the Community: To create a sustainable City Heights which is safe, healthy and affordable to residents.	Our vision is to gather a diverse community working together towards creating a sustainable and just system for all.	Resident-Driven/Resident-Accountability, creating a safe community through engaged, informed residents, City Heights has affordable, accessible health care and high quality education for all residents. The entire community’s inclusive human rights practices, youth leadership and empowerment, plus restorative practices are pervasive. Operating with cultural compassion and responsiveness, we have mobilized economic development and our Community Multi-Cultural Resource Centers are the hub of a thriving, vibrant community.	To create a strong, educated, informed, and united community where resident voices are heard and respected (organized, knowledgeable, and engaged) that is made up of a multi-cultural core of resident leaders who, through grassroots community organization will educate, maintain, and sustain open communication throughout the community to set the policy agenda for City Heights.	We Envision an informed and engaged community with coordinated partnerships for effective education with our schools as the community’s foundation to a comprehensive health approach where every resident is safe, nurtured, and challenged to produce a green and healthy community. City Heights will celebrate cultural and language diversity through integrated youth leadership and mentoring through their lifespan.
MOMENTUM TEAM	<ul style="list-style-type: none"> • Provide education and resources 	<ul style="list-style-type: none"> • Establish community priorities 	<ul style="list-style-type: none"> • Multi-level policies that support 	<ul style="list-style-type: none"> • Safe Community 	<ul style="list-style-type: none"> • Develop Leadership that 	<ul style="list-style-type: none"> • Community Partnerships for

VISION DETAILS	for wellness <ul style="list-style-type: none"> • Create comprehensive health home with accessible services • Design environments that reflect the cultural and linguistic needs of the community 	<ul style="list-style-type: none"> • Develop land use policies that will improve community health • Promoted health and economic development for community residents • Reduce environmental impacts that damage health • Increase capacity - build community power and leadership through training and hands-on experience • Engage in local land use planning opportunities (community/specific plans; general plan, regional plans) • Promote policies to ensure safe and healthy homes/communities 	food justice <ul style="list-style-type: none"> • Stable & reliable access to financial & structural resources • Access to land for urban farming for all • Environments that support culturally appropriate, affordable, healthy eating • Local, ecologically sustainable economic development • Continuing culturally appropriate nutrition education promoting a just food system 	<ul style="list-style-type: none"> • Youth Leadership and Empowerment • Community Restorative Practices • Improved Quality and Engagement in Education • Multi-Cultural Resource Center • Economic Development for Residents • Cultural Compassion and Responsiveness • Human Rights Practices • Accessible, Affordable Health Care • Human Rights Practices • Accessible, Affordable Health Care 	represents the diversity of the community <ul style="list-style-type: none"> • Effectively do outreach, educate & develop to empower City Heights Residents • Approved, guided, directed and supervised by City Heights residents • Engage dedicated and committed people in the community 	Effective Education <ul style="list-style-type: none"> • School is Cornerstone of Community Foundation • Empowered Youth • Celebrating Language and Culture • Measurable Results • Comprehensive Health • Informed and Engaged Community • Green and Healthy Communities
MOMENTUM TEAM	2	4	7	5	10	7
OUTCOME	3	8	4	7		2
PRIORITIES	1		3	6		9

BUILDING HEALTHY COMMUNITIES INITIATIVE – OVERVIEW OF VISION AND PRIORITIES

Page 2 of 3	ACCESS TO HEALTH CARE	BUILT ENVIRONMENT	FOOD JUSTICE	PEACE PROMOTION	RESIDENT	SCHOOL ATTENDANCE
Priority Outcome	Outcome 2: Families have improved access to a health home that supports healthy behaviors	Outcome 4: Residents live in communities with health-promoting land use, transportation, and community	Outcome 7: Neighborhood and school environments support improved health and healthy behaviors	Outcome 5: Children and their families are safe from violence in their homes and neighborhoods	Outcome 10: California has a shared vision of community health	Outcome 7: Neighborhood and school environments support improved health and healthy behaviors
Targeted Changes	<ul style="list-style-type: none"> Laws That Limit Access Personal & Organizational Commitment Organizational Compactly Knowledge & Appropriate Communication Coverage Policies that Block Access Economic Barriers to Families & Organizations Mutual Cultural Understanding & Respect Mass Media Messages Physical Environment Language Barriers 	Proposed capacity building plan focused on land use issues specifically to foster resident knowledge around the concept of Why Place Matters and develop skills to organize and advocate for change	<ul style="list-style-type: none"> Existing public policy & bureaucracy Level of community awareness of food programs Level of language & literacy capacity Cultural Understanding Level of participation in nutrition programs Allocation & access to financial resources Physical environment 	<ul style="list-style-type: none"> Disconnected Relations Negativity, Despair and Fear Limited Coordinated Systems for Youth Ineffective Management of Violence Clash of the Ages Dysfunctional Power Systems Economic inequities Biased media 	Building an organized, knowledgeable, and engaged community	<ul style="list-style-type: none"> Structure of Education Community Disconnectedness Mismatched, Unethical and Distrustful Practice The Way We Measure Success
Strategic Directions	<ul style="list-style-type: none"> • Meeting Community Needs through Comprehensive Wrap-Around Services • Knowing and Enforcing Existing Laws • Advocating for legislative and Insurance Change • Unifying and empowering City Heights to achieve wellness • Creating community-based healthcare jobs 		<ul style="list-style-type: none"> • Creating an environment that supports resident food production in public and private spaces • Developing equitable & diverse community-based food distribution system • (Including resident-owned businesses) • Creating & supporting popular education & building resident capacity to support food justice • Improving access to healthy, culturally appropriate food • [in and out of schools] while capping density of food franchises in City Heights 	<ul style="list-style-type: none"> • Empowering for Community-Based Decision Making • Promoting Continuous Development & Support • Stimulating Economic Vitality • Moving from Retribution to Resolution & Restoration 	<p>Resident Driven: Defined by the Resident Momentum Team 02/09/2010, a resident driven process:</p> <ul style="list-style-type: none"> • Develops Leadership that represents the diversity of the community • Effectively does outreach, educates & develops to empower City Heights Residents • Has City Heights residents approving, guiding, directing and supervising decisions that affect their community • Engages dedicated and committed people in the community 	<ul style="list-style-type: none"> • Building connectedness between home, school and community • Promoting Educational and social justice • Highlighting school and community pride

CAPACITIES & RESOURCES NEEDED TO ACHIEVE OUTCOMES

TECHNICAL	LEADERSHIP CAPACITIES	MANAGEMENT CAPACITIES	ADAPTIVE	ENVIRONMENTAL
<ul style="list-style-type: none"> • An organized, knowledgeable, engaged residents (all ages) capable of providing leadership in a resident driven process • Resident access to general educational activities that increase capacity to engage in public dialogue, e.g., language & literacy classes, GED, etc. • Physical space that encourages public life and healthy living • Ability to communicate effectively with all residents • Access to expert Knowledge that can be applied to issues in City Heights • Programs in place provide infrastructure of community organizing & collaboration. • Programs that provide job training and placement in community-based healthcare jobs 	<ul style="list-style-type: none"> • Local leaders who serve as organizers-popular educators • Education, training and material support for local organizers/popular educators & other residents <ul style="list-style-type: none"> ○ Organizing/community development skills ○ Technical knowledge relating City Heights issues ○ Working with diversity (culture, class, ability, age, etc. • Youth leadership development programs • Mentoring programs (all ages) • Adult education, e.g: literacy, ESL, Financial education (all ages) 	<ul style="list-style-type: none"> • Infrastructure for communicating with residents that address language, literacy, access to the internet, access to phone, e.g., public spaces for posting information; community newsletter in multiple languages; Email, text, twitter, Internet, etc capability; Word-of-Mouth network; ability to work in several languages and levels of literacy with competent interpretation, Cultural Brokers, etc. • A coordinated network of institutions and programs with the capacity to coordinate services and fill service gaps that includes: social service agencies; schools; Parent Centers in schools; faith-based organizations; police station; houses of faith; libraries; museum; local businesses, etc. 	<ul style="list-style-type: none"> • Trained consensus facilitators • Legal, education, medical, cultural, experts • Access to research and evaluation • Capacity to do participatory action research and evaluation • Certified healthcare interpreters • Legislative and policy making process • Lobbying skill 	<ul style="list-style-type: none"> • Public space for meeting, convening, celebrating, etc. • Bike lanes and bike racks • Parks, walkable places, well lit streets • Skate Par • Space for community gardens/farms